

PREPARATORY MATERIALS STUDY CIRCLE #4

Reading Material:

- *The Dot Exercise: Instructions*
- *Health Care Systems • The Four Basic Models*, excerpted from *We're Number 37!*, T.R. Reid, Penguin Press, 2009

Taking Stock

Study Circles #1-3. In our three previous sessions we focused on:

1. Our own perspectives and experiences;
2. The perspectives and experiences of others;
3. The health care systems of some other countries; pending legislation and the proposals of various political candidates and organizations.

Study Circles #4-6. In this and upcoming sessions we will:

4. Create a vision of a health care system that reflects our values (Circle #4);
5. Identify the contradictions between our vision and the unsustainable status quo of our current system (Circle #5);
6. Identify ways in which we can become involved in the process needed to bring about reform (Circle #6).

Preparing for this Study Circle • Thought Questions • Dream BIG

- To stimulate your thinking do a brief review the platforms, proposals and health care systems presented in Study Circle #3.
- You are in charge of designing a health care system that's perfect for you, your family and your country. Here is an opportunity to begin to clarify your values. Start with the end in mind. What would *your* fully functioning system look like? What would be its basic elements? How would it work? What kinds of health care experiences would you have in such a system?
- Observe your own process. In doing this exercise to what extent were you able to let go of any limited thinking you encountered in yourself?
- Pretend you are running for President. What is your healthcare platform?

NOTE: Group members should thoroughly understand the procedures in The Dot Game Exercise prior to this Study Circle.