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## **INTRODUCTION • GETTING STARTED**

- The History and Promise of the Work
- What Are Study Circles?
- Series Takes on Health Care
- Guidelines for Facilitators and Groups
- Particulars for Your Group—Dates, Time, Location(s) and Contact Person(s)

## **SESSION #1 • CARING ABOUT HEALTH CARE: AN OVERVIEW**

- Why study health care issues?
- Survey (Optional)
- Introductions. Who are we? What brings us here?
- The Moral Challenge of Our Time: Reforming Health Care

## **SESSION #2 • LIFTING THE STATISTICAL VEIL • SEEING THE FACES OF REAL PEOPLE**

- Who are the stakeholders?
- What are their stories, experiences, feelings, fears, etc?

## **SESSION #3 • CURRENT SYSTEMS • CURRENT PROPOSALS**

- How do other countries address healthcare?
- What are the proposals of political candidates and some organizations?
- Pending Congressional Bills
- Arguments for and against universal healthcare

## **SESSION #4 • WHAT DO WE WANT? HOW CAN WE GET THERE?**

- Four basic models in capitalistic, democratic countries
- What would *your* healthy health care system look like?
- Group brainstorming

## **SESSION #5 • BARRIERS TO REFORM • REASONS FOR HOPE**

- Looking at the Federal Budget
- What prevents us from getting what we really need?
- Looking at our cultural mythology and the American psyche
- Examining the power structure

## **SESSION #6 • UNDERSTANDING CHANGE • MAKING IT HAPPEN**

- The American political spectrum: Is change possible?
- The Change Agents – Who are they? How do they create conditions for change?
- Mobilizing – What will we do now? How will we do it?

## **OTHER RESOURCES**

- Health Care Glossary
- Health Care Videos to watch on line
- Sample readings for session openers